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Call for papers on women's health and status

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Nepal Journal of Obstetrics and Gynecology (NJOG) is an official journal of NESOG. It provides an excellent academic platform for our members and ensures that we share our scientific knowledge of obstetrics/gynecology with our colleagues.

I was looking forward for my retirement in August 2020, thanks to COVID pandemic which was such a scary period, lots of uncertainties, losing loved ones, seeing others lose their loved ones. I thought to myself may be the pandemic has also told me something... it is time for me to reflect on my more than three decades of medical profession and enjoy the new phase of my life as a retired person.

I wrote articles, completed my new book, painted... and so many other things I never had time to do. Suddenly an opportunity came to fill a post of professor in NGMC in Nepalgunj. This place has always been close to my heart, in early 90, as part of my DGO program I had done my rural posting for almost a year at Bheri Hospital, it was an eye-opening experience as a young doctor for me back then. I was truly amazed of the challenges women face for their health and social well-being. I thought to myself why not take up this new challenge and see how women's health and social status has changed in the last 4 decades in western Nepal.

I was overwhelmed even today seeing rupture uterus, post partum collapse, obstructed labour, eclampsia, antepartum haemorrhage, hand prolapse, medical disorders of pregnancy. Government has raised the age of marriage but Banke has the highest teenage pregnancy rate with complications. The youngest of ectopic pregnancy in our institute was 14 years last year! Our DHS data has shown such fantastic improvement in terms of MMR, ANC coverage and so on. If we analyze province-wise Lumbini, Karnali are the worst in terms of improvement.

Where have we gone wrong then?

We are producing... tons of medical graduates, specialists in Obs/GYN and yet rural areas there are not enough health care workers. It is not just due to unavailability of health care workers and timely management we are still losing young mothers but also because there is a need of timely supply of essential drugs, strengthening referral mechanisms, emergency transport, health awareness and education which are also equally important to uplift women's health.

For these reasons, we need more original articles of your research work which focus on women's health and status and create awareness and bring changes in clinical practice. Nothing more is convincing than evidence-based medicine. As the slogan goes "sharing is caring" please share with us your research, so that our medical community can benefit the maximum. Our young members also get an opportunity to showcase their scientific research/writing talents and learn from each other. To make it easy to access the journal, correspond with us and please send us your articles, case reports, suggestions directly online! We also encourage our members who are working in various parts of the country to highlight their challenging cases, diagnostic dilemmas. Learning is a lifelong process, let's document, share and learn from each other.

Our long-term goal is to make this journal an indexed journal with a high impact factor. So that every member can be proud that their articles have been published in NJOG. If anyone is interested to contribute some of their time for the journal, peer review, preliminary screening etc please feel free to get in touch with our editorial team.

We are proud to be able to present you with the first issue with our new editorial team and we hope you enjoy the read.

We look forward hearing from you.

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